Registration

Obstetrics, Gynecology & Women's Health Autumn Seminar
Friday, September 22, 2017 | Duluth Entertainment Convention Center, Duluth, MN
Register by Friday, August 25, 2017 for early bird rate!

Online Registration
http://www.essentiainstitute.org/cme

Mail-in Registration
Complete all fields below. Attach a check made payable to "Essentia Health" and mail to:
Essentia Health CME Office-6AV-2 | 502 East 2nd Street | Duluth, MN 55805

Last Name    First Name    MI
Degree/Title    Institution
Street Address    City        State Zip/Mail Code
Telephone    E-mail (required for conference communications)

☐ Check box for special meal request (e.g., vegetarian, gluten-free)
☐ Check box if you would be interested in attending a Networking Reception on Thursday evening

Registration Fees

<table>
<thead>
<tr>
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<th>Early Bird fee by 8/25/17</th>
<th>Fee after 8/25/17</th>
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<tbody>
<tr>
<td>Physician</td>
<td>$250</td>
<td>$300</td>
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<tr>
<td>Advance Practice</td>
<td>$150</td>
<td>$200</td>
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<tr>
<td>CMF, CNM, CNP, CNS, RN, BSN, DNP, CSW, CCE, LGP, CMT, CRNFA, PFT, PT, PTA</td>
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<tr>
<td>Other Professional</td>
<td>$65</td>
<td>$75</td>
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<tr>
<td>Resident or Medical Student</td>
<td>$65</td>
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Save on fees when you register by Friday, August 25th!

Essentiainstitute.org/fallcme

Presented by Essentia Health and the University of Minnesota Department of Obstetrics, Gynecology & Women's Health
Duluth Attractions

Duluth is a highly sought after destination for outdoor adventures, relaxation and exploring! Bring your family and friends to enjoy the beautiful fall colors, local restaurants, shopping and music. Don’t forget to spend some time in Canal Park enjoying the shores of Lake Superior!

For more information on what to do in Duluth visit: www.visitduluth.com

Hotel Accommodations

Hotel accommodations are in high demand in Duluth during the fall color season. A limited number of special rate rooms are available September 21st and 22nd at the hotels below. Identify yourself as an Autumn Seminar participant when making reservations.

- Canal Park Lodge
  - 1.800.777.8560
  - www.canalparklodge.com
  - Call by August 29th

- Sheraton Duluth Hotel
  - 218.733.5660
  - www.sheraton.com/duluth
  - Call by August 29th

- The Inn on Lake Superior
  - 1.888.668.4352
  - www.innonlakesuperior.com
  - Call by August 30th

Obstetrics, Gynecology & Women’s Health Autumn Seminar

Essentia Health Obstetrics and Gynecology Department along with the University of Minnesota Department of Obstetrics, Gynecology and Women’s Health bring you this full day conference to provide best practices, research updates and innovations. Content will be especially relevant for obstetricians/gynecologists, primary care physicians, physician assistants, nurse practitioners, midwives and other health care team members.

Conference Learning Objectives

- Acquire skills and tools to address common obstetrics, gynecology and women's health issues as they present in clinic
- Create effective care plans for women based on recent research and best practices
- Encourage patients to modify unhealthy lifestyles for all women, pre-pregnancy, pregnancy and post-partum
- Gain self-care strategies to enhance personal stress management and in-turn increase patient satisfaction

Agenda

Friday, September 22, 2017

7:00-7:45  Registration and Breakfast
7:45-8:00  Welcome
8:00-8:40  Substance Use in Pregnancy: Focus on Opioids
  - Christina Wichman, DO, FAPM
8:40-9:20  Cervical Cancer Screening
  - Colleen Evans, DO
9:20-9:40  Morning Refreshment Break
9:40-10:10  Uterine Fibroid Embolization: What to expect during and after the procedure - Greg Horley, MD; Sharon Lehmann, MS, APRN, CNS; Mary Pukite, MD
10:10-10:40  Panel and Audience Discussion
10:40-11:40  Maternal and Fetal Medicine Panel Presentation
  - Jaryne Althaus, MD; Sarah Cross, MD; Yasuko Yamamura, MD
11:40-12:40  Lunch
12:40-1:40  Menopause Panel Presentation
  - Amy Ellingson-Itzin, MD, Anne Rogotzke, MD; Nancy Sudak, MD; Carolynn Torkelson, MD
1:40-2:10  Sexual Dysfunction in Women: When to Manage, When to Refer
  - June La Valleur, MD, FACOG
2:10-2:30  Afternoon Refreshment Break
2:30-3:10  Medical Management of Obesity: Why We Can’t Stop Trying
  - Christine Depenthal, MD and Michael Kassing, MD
3:10-3:50  Caring for the Second Victim
  - Kelly Greenleaf, MD and Sam Hoxie, MD
3:50-4:20  Panel and Audience Discussion
4:20-4:30  Closing Remarks

Note: Faculty and program schedule are subject to change. Visit the conference website for more information: www.essentiainstitute.org/fallcme

Continuing Education Credit

Physicians

Essentia Health is accredited by the Minnesota Medical Association (MMA) to provide continuing medical education for physicians.

Essentia Health designates this live activity for a maximum of 6.5 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American College of Obstetricians and Gynecologists has assigned up to 7 cognate credits to this program.

Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

Other

This program offers 6.5 contact hours of continuing education. Most medical professional organizations accept AMA PRA Category 1 Credits™. It is the individual’s responsibility to determine whether an education activity meets the continuing education requirements of their respective licensure and/or professional boards. Go to your respective organization’s website for more detailed information regarding credit requirements.